

SEI-SHIN-RYU KATAS

The style "Sei Shin Ryu" has katas of the three big blocks of Okinawa: Shuri, Tomari and Naha. They also contain Chinese origin katas.

HOKEI KATAS

1. AGE-TE OR YODAN-UKE
2. JARAI-TE OR GUEDAN-BARAI
3. SOTO-UKE / UCHI-UKE
4. SHUTO-UKE
5. SUKUI-UKE OR TE
6. KURI-TE (UKE)
7. KAKE-TE (UKE)
8. URA-TE (UKE)
9. OSAE-TE (UKE)
10. WA-UKE
11. ZYUZI-UKE

PINAN KATAS

Anciently called "CHAN-NAN"

12. PINAN-SHYO-DAN (2nd HEIAN)

In the epoch of Master FUNAKOSI, the order of SHYO-DAN and NI-DAN was changed, due to the level of difficulty.

13. PINAN-NI-DAN (1st HEIAN)
14. PINAN-SAN-DAN (3rd HEIAN)
15. PINAN-YO-DAN (4th HEIAN)
16. PINAN-GO-DAN (5th HEIAN)

TAISABAKI KATAS

17. SHYO-DAN

18. NI-DAN

19. SAN-DAN (KONISHI, INAGAKI AND ITOSU)

20. YO-DAN

21. GO-DAN

-Master KIKUCHI finished the 4th and the 5th following Master KONISHI'S philosophy.-

SHURI-TE AND TOMARI-TE KATAS

22. SHINPA (M^o KONISHI)

23. SEIRYU (AOYAGI) Meaning: Green Willow. For men.

Masters. Mabuni, Konishi, Motobu.

24. SEIRYU (AOYAGI) Meaning: Green Willow. For women.

Masters. Mabuni, Konishi, Motobu.

25. WANKAN (Matsu-kaze) M^o Mabuni.

26. WANSU

27. ROJAI

28. ROJAI SHYO-DAN

29. ROJAI NI-DAN

30. ROJAI SAN-DAN.(In Shoto-kan MEIKYO)

31. ROJAI-MATSUMURA

32. SEI-RU (ZYU-ROKU) (M^o Mabuni).

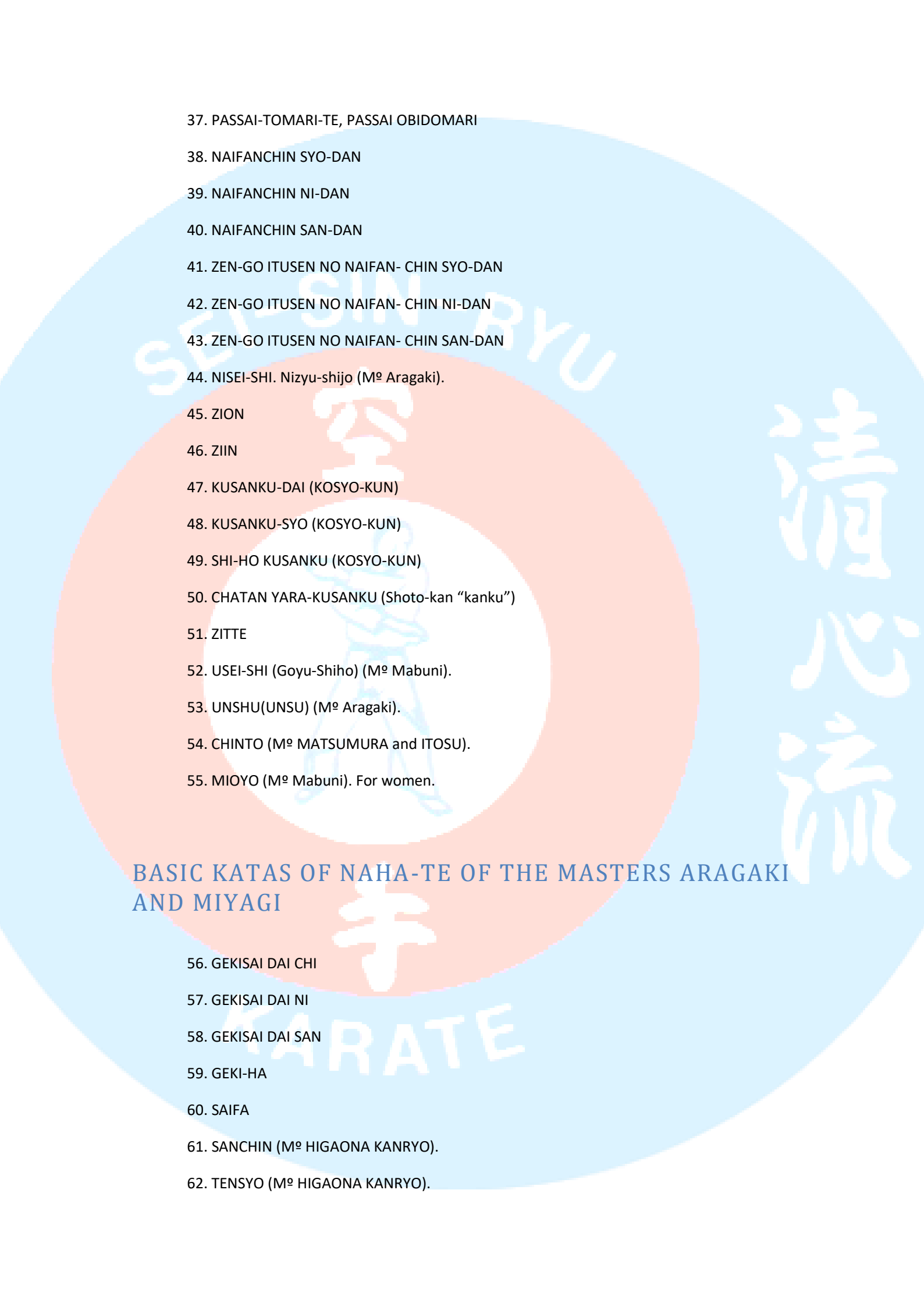
33. AANANCO. Unknown Master.

34. PASSAI-DAI (BASSAI-DAI)

35. PASSAI-SHYO

36. PASSAI-TAWADA-MATSUMURA-

(M^o Itosu ISHIMINE-KIYABU).

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37. PASSAI-TOMARI-TE, PASSAI OBIDOMARI
38. NAIFANCHIN SYO-DAN
39. NAIFANCHIN NI-DAN
40. NAIFANCHIN SAN-DAN
41. ZEN-GO ITUSEN NO NAIFAN- CHIN SYO-DAN
42. ZEN-GO ITUSEN NO NAIFAN- CHIN NI-DAN
43. ZEN-GO ITUSEN NO NAIFAN- CHIN SAN-DAN
44. NISEI-SHI. Nizyu-shijo (M^o Aragaki).
45. ZION
46. ZIIN
47. KUSANKU-DAI (KOSYO-KUN)
48. KUSANKU-SYO (KOSYO-KUN)
49. SHI-HO KUSANKU (KOSYO-KUN)
50. CHATAN YARA-KUSANKU (Shoto-kan “kanku”)
51. ZITTE
52. USEI-SHI (Goyu-Shiho) (M^o Mabuni).
53. UNSHU(UNSU) (M^o Aragaki).
54. CHINTO (M^o MATSUMURA and ITOSU).
55. MIOYO (M^o Mabuni). For women.

BASIC KATAS OF NAHA-TE OF THE MASTERS ARAGAKI AND MIYAGI

56. GEKISAI DAI CHI
57. GEKISAI DAI NI
58. GEKISAI DAI SAN
59. GEKI-HA
60. SAIFA
61. SANCHIN (M^o HIGAONA KANRYO).
62. TENSYO (M^o HIGAONA KANRYO).

63. SEI-PAI (YU-HACHI, HANGETSU).

64. SEISAN (M^o OSHIRO SYRI-TE).

65. SEIENCHIN (SEY-YUN-CHIN)

66. KURURUNFA

OTHER KATAS

67. TENNO-KATA

68. CHINO-KATA (M^o GYUZIN FUNAKOSHI)

69. ZINNO-KATA

70. TAIGYOKU 1st, 2nd and 3rd.

71. WANSYU

72. ZIEN

73. ENPI (M^o Itosu and M^o Matsumura).

74. HANGETSU

75. CHINTO. Genkaku (M^o Aragaki).

76. CHINTE (As self-defense)

77. NIPAPPO

78. SO-CHIN (M^o ARAGAKI).

79. SANSEIRU

80. SHISOCHIN

81. PAPUREN

82. JAUJA

83. SANSEIPAI (SANZYU-HACHI).

84. BENGYURIN, SUPARIMPAI O IPPIYAKU.

85. SIN-SEI (Chinese Kenpo origin).